

# Seaweed and Sod Farm's Apple Crisp

*(Adapted from Grandma's original recipe)*

Serves 6

Preheat oven to 375 F



*In a 6" x 8" casserole:*

4 small or 3 large apples peeled, cored, and sliced

1 tbsp water (optional, depending on the apple type)

Sprinkle with cinnamon (approximately 1 tsp or to taste)

*Mix:*

$\frac{3}{4}$  cup of oatmeal (uncooked)

$\frac{1}{2}$  cup brown sugar (not packed)

$\frac{1}{3}$  cup whole wheat flour

$\frac{1}{2}$  cup melted butter

Spread this mixture on top of the apples.

Bake for 35 minutes

Top with yoghurt (we like plain or vanilla Greek yoghurt) or Devon Cream

